

**"Listen. "**

**listen**

**to what I've got to say**

**I am beautiful**

**and I am strong**

**so don't you ever judge me like that again**

**what you said to me was wrong**

**not pretty enough, not smart enough**

**shut your mouth**

**I am worth it**

**and I am going to survive**

**so don't you ever say again**

**that I am less than you are**

**I am a survivor,**

**and I know love.**

**so who's laughing now**